# Health Literacy Statement

from 2004 New Readers Conference

# #1 About Communicating with New Readers

We have always been here. We've always been the backbone of this country. We need help from doctors now. We need the best explanations about tests. procedures and prescriptions and their side effects. We want to tell doctors that we need help to help ourselves and our families. Slow down and take your time. Treat us as you would like to be treated. Simplify your work so that it can be cost-efficient for both patients and doctors. Once you find out we have reading problems, you should do follow-ups. We are human beings that need to be understood. Make sure that we understand. It's about human respect. Yes, we lack skill. But we're not 'less than'.

### #2 About Literacy Testing in Health Settings

A doctor's office is no place for a reading test.

Please complete and mail this form to: Drake University Adult Literacy Center 1507 University		RE-REGIS	MUST PRE-REGISTER BY APRIL 3	
Des Moines, IA 50311-4505	Building Health Literacy Leaders - Registration	lders - Regi	stration	
Name				
Address				
City, State, Zip		_email address		
hone Number	Community College	llege		
Check: 🔲 I need hotel for I	Check: $\square$ I need hotel for Friday, 4/13 $$ $\square$ I will share a room with	with		
🕽 I am a New Reader	☐ I am New Reader's guest	☐ Other	☐ I need a smoking room	
🗍 I need vegetarian menu 🛭 I need diabetic menu	☐ I need diabetic menu			

17<sup>th</sup> Annual New Readers of Iowa Coalition Conference

# Building Health Literacy Leaders

New Readers and
Health Professionals
Working Together

April 13 & 14, 2007

Foxboro Conference Center Johnston, IA



#### A Partnership

New Readers of Iowa Coalition Iowa Health System Iowa Department of Education

#### Funded by

Iowa Department of Education Wellmark Foundation

Additional support from Iowa Health System, Pfizer, Inc., Drake University Adult Literacy Center

# Friday, 4/13

8:00 Sign-in and Continental Breakfast

9:00 Opening Session

10:00 Margie Gillis - Speaker
Project Director
Haskins Literacy Initiative
Haskins Laboratory, New Haven, CT

#### **Break**

11:00 Workshop #1

12:15 Lunch with health professionals Speaker -National Coalition for Literacy

1:45 Workshop #2

2:45 Workshop #3

3:30-4:30 Meds screenings Healthy eating tips



Break

### **Friday Evening**

5:30-7:30 Dinner & Open Mike (New Readers share stories in words, music, etc.)

# Saturday, 4/14

8:00 Breakfast

9:00 Workshop #4

10:00 Make Action Plans for health leadership in our home towns

11:00 Closing & Certificate Presentations

When we leave, we will know we are all leaders and will have a plan for what to do when we get home!



## Workshops

- New Readers as Leaders
- How New Readers can get what we need to know from our doctors
- Health literacy at Finley Health Care in Dubuque
- Ask Me 3 & 'Teach Back'
- How to get involved in a literacy program

### IMPORTANT INFORMATION

- Registration, meals and lodging for New Readers, your spouse and your tutor are free. If you come alone, you will share a room with another person.
- Others are welcome, with registration and meals free. Arrange your own lodging.
- Bring your medications. On Friday afternoon from 3:30-4:30, get questions answered about your medications.
- Dress is nice, but casual.
- Questions?
   Call Anne Murr, 515-271-3982,
   or email, anne.murr@drake.edu



### New Readers of Iowa Goals

- Meet other new readers.
- Learn from and support each other.
- Let the State of Iowa know about New Readers and what we need.